

The First Slice Ceremony

A simple social method to honor someone for who they are or for what they have done.

Purpose

To call out and recognize the contribution of a specific individual.

Preparation

Acquire a food or item to be shared by the group.

Participants (roles)

Honoror, Honoree, Participants

Pattern

Open—Honoror announces that they will now be sharing a special food and invites everyone to gather around.

Execute—The Honoror tells the group that the tradition is to honor with the first slice (piece) someone who is (or has done something) extra special in the eyes of the Honoror.

Without specifically naming the Honoree, the Honoror describes why the Honoree is extra special to the Honoror, as the Honoree and Participants listen.

The Honoror “names” the Honoree by handing them “first slice.”

Close—The ceremony closes as everyone else is served in mutual celebration.

Product

Positive emotional energy.

Tips

May be used when sharing the first slice of cake, or the first scoop of ice cream, or some other celebratory food.